

Alexandra Hall M.D.
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Education

University of Vermont, Residency in Family Practice 1999-2002, Chief Resident 2001-02

Mount Sinai School of Medicine, M.D., 1999

New York University, B.S. Science Education, Cum Laude, 1994

Experience

Department of Biology, University of Wisconsin - Stout, Menomonie, WI. September 2012 – present

Lecturer 2012 – 2016, Senior Lecturer 2016 - Present.

Teach general education and upper-level courses for the biology department and assist with course development. Courses taught include Human Biology, Human Sexual Biology, Anatomy and Physiology, Physiology of Disabilities, Community and Public Health, Advanced Human Anatomy, and Cadaver Dissection. Full-scope course revision of Human Sexual Biology and Community and Public Health courses, creation of Advanced Human Anatomy course, and creation of Quizlet study tools for Anatomy and Physiology. Supervision and coordination of student tutors and teaching assistants.

Pre-Health Advisor. January 2019 – Present.

Create and maintain advising materials for over a dozen different health professions, publicize events and opportunities of interest to pre-health students, create and conduct group advising presentations, meet individually with undergraduates to assist with course planning, applications, and personal statements, advise the Stout Pre-Health Society student organization, organize Health Professions School Fairs, meet with prospective students, develop marketing materials, manage articulation agreements, and maintain relationships with alumni and the admissions office.

Director, Cadaver Lab Experience. September 2022 – Present.

Developed and now lead an outreach workshop for local high school students in the human anatomy lab, utilizing trained college student volunteers, hosting approximately 300 students in about 20 sessions per year.

Student Health Services, UW Stout, Menomonie, WI. August 2012 – December 2021

Staff physician. Cared for enrolled students, providing primary care, women's and transgender health services, mental health services, and urgent care. Procedures performed include laceration repair, wound management, incision and drainage, IUD insertion, and Nexplanon insertion and removal. Created a comprehensive model for transgender medical and mental health care at UW Stout.

STEAM Camp, UW Stout, Menomonie, WI June 2019 and June 2021

Instructor. Designed and taught Human Anatomy Exploration, a one-week immersive camp experience for high school students.

Gannett Heath Services, Cornell University, Ithaca, NY. October 2005 – June 2012

Staff physician, clinical chair of Women's and Sexual Health Committee, SuperUser for EHR, liason to LGBT Center, member of Health Careers Advisory Board and Health Careers Evaluation Committee. Practice included outpatient primary care and women's health as well as transgender health care and some sports medicine. Procedures performed included colposcopy with biopsy, IUD insertion and removal, Implanon insertion and removal, laceration repair, incision and drainage, and biopsy and excision of skin lesions. Other duties included building and editing EHR templates, implementation and improvement of utilization of EHR, speaking with student groups, supervising and teaching medical students and residents from Weill Cornell, providing leadership, consultation, and guidance to colleagues on women's and sexual health, and creating and editing patient education materials.

EmCare and Cayuga Convenient Care, Ithaca, NY. August 2004-September 2005

Urgent Care Physician. Provided walk-in / urgent care to the Ithaca area, treating a full range of illnesses and injuries to patients of all ages in a high-volume clinic setting.

Dean Health System, Evansville Clinic, Evansville, WI. August 2002-June 2004

Family Physician. Provided outpatient, inpatient, and obstetric care in a 3-provider clinic in a small town in rural Wisconsin, at Stoughton Hospital, and at St. Mary's Medical Center in Madison, WI.

Kaplan Educational Services, New York, NY. 1996-1999

MCAT instructor. During medical school, taught Kaplan MCAT classes in the New York metro area.

Central Park East Secondary School, New York, NY. August 1994-June 1995

Teacher. Taught Physics and Algebra in an integrated curriculum to ninth and tenth graders at an alternative public school in East Harlem.

Awards and Honors

Excellence in Partnering with External Stakeholders Award - UW Stout, College of Science, Technology, Engineering, Mathematics and Management, 2023-2024

Community Engagement Award - Interdisciplinary Association for Population Health Science, presented to Those Nerdy Girls, September 2023

Dr. P.B. Poorman Award for Outstanding Achievement on Behalf of LGBTQ People - University of Wisconsin System, 2022

Chancellor's Academic Staff Award for Excellence - UW Stout, 2021-2022

Outstanding Teaching Award - UW Stout, 2020-2021

Annual Safety Recognition Award - UW Stout, 2019-2020

Honored Faculty, Rainbow Graduation Ceremony, May 2016, May 2017, May 2018, May 2023

Honored Faculty, Blue Devil Scholar Athletes Ceremony, March 2016, March 2019, April 2021, March 2023, April 2024

Honored Faculty, Faculty Appreciation Days, UW-Stout Athletics: Track and Field October 2015 & October 2024, Softball March 2015, Gymnastics January 2024, Women's Basketball February 2025

Faculty of the Year, Qube (UW-Stout LGBTQIA+ Center), March 2015, Honorable Mention March 2017 and April 2019

New Professional Award - American College Health Association, June 2011

Appreciation Award - New York State College Health Association, 2010

Cook Award, for "Improving the lives of Cornell women" - Cornell University, 2008

Resident Teacher of the Year for Family Practice, 2002

National Merit Finalist, 1990

Publications

Hall, A.M., Kutler, B.A. Intrauterine Contraception in Nulliparous Women: A Prospective Survey. *Journal of Family Planning and Reproductive Health Care*. Online First April 8, 2015

Deutsch, M. B., Green, J., Keatley, J., Mayer, G., Hastings, J., **Hall, A. M.**, & Wolf-Gould, C. (2013). Electronic medical records and the transgender patient: recommendations from the World Professional Association for Transgender Health EMR Working Group. *Journal of the American Medical Informatics Association*, 20(4), 700-703.

Mentored Student Research

"Vitamin D Intake in Relationship to Mood and to Vitamin D-Related Knowledge in Undergraduate Students." Thesis advisor for Dietetics Masters student Heidi Lochen. 2016-2017

"Impact of Vitamin D on Mood." Project with sophomore Applied Science major Alexandra Hagberg, January – May 2015.

"Effect of Online Pornography on Male Sexual Health." Project with undergraduate Aaron Thompson January-May 2015.

"Breast Satisfaction Among Undergraduate Women." Advised and mentored undergraduate for this NCUR-accepted project completed as part of the Human Sexual Biology course. Fall 2013.

Professional Presentations and Workshops

“The Biology of Sex,” Human Anatomy and Physiology Society Regional Conference, Bloomington, MN, October 2022

“Growing Up Transgender,” University of Wisconsin, Eau Claire Continuing Education. Full-day workshop for education and health and human services personnel co-presented with Christopher Jorgensen, M.A. on multiple occasions around the state and virtually. 2015 - 2022

“Understanding Gender Diverse Students,” created and presented a workshop for K-12 educators and staff at Baldwin-Woodville School District in Wisconsin. February 2022.

“Human Anatomy Workshop,” created and hosted a virtual week-long program for Upward Bound. June 2021.

“Biology of Sex” Summer School Nurse Institute, Wisconsin Department of Public Instruction, Madison, WI. August 2019

“The Microbiome: Implications for Human Health” Miami Valley Association of Family Physicians Annual Meeting. Dayton, OH. May 2019.

“The Microbiome: Implications for Human Health” North Central College Health Association Annual Meeting. Minneapolis, MN. November 2018 and American College Health Association Annual Meeting. Denver, CO. May 2019.

“Menstrual Woes: Dysmenorrhea and Menorrhagia” North Central College Health Association Annual Meeting. Minneapolis, MN. November 2018 and American College Health Association Annual Meeting. Denver, CO. May 2019.

“Biology of Sex” and “Serving Transgender Youth, Students, and Adults” sponsored presentations at Wisconsin Library Association Annual Meeting. Lacrosse, WI. October 2018

“Understanding Transgender Athletes” workshop for athletics professionals and “Biology of Sex” presentation for over 100 student athletes at UW-River Falls. April 2018.

“Professional Training in Transgender Health Care,” University of Wisconsin, Eau Claire. January 2017. Half-day workshop for mental health and medical professionals, co-presented with Christopher Jorgenson M.A.

“Meet the Microbiome,” North Central College Health Association Annual Meeting, Minneapolis, MN, November 2016.

“The Microbiome and Health,” American College Health Association Annual Meeting. Orlando, FL. June 2016

“Transgender Health Care.” UW Stevens Point. Half-day workshop for medical professionals. January 2016.

“Emergency Contraception Conundrums.” North Central College Health Association Annual Meeting, Lacrosse, WI, November 2015.

“Transgender Care at the Student Health Center.” UW Lacrosse. Half-day workshop for professionals, co-led with Gabriel Javier, Bonnie Benson Ph.D., and Rebecca Byers M.D. from UW-Madison. January 2015.

“The Role of the Mental Health Provider in Transgender Health.” UW Stout. Developed and led a half-day workshop for Menomonie-area mental health professionals. September 2014.

“Understanding Transsexuality; a Workshop for Mental Health Providers” UW Stout. Developed and led a half-day workshop for Menomonie-area mental health professionals. August 2014

“Cadaver Dissection for Physical Therapy Professionals.” UW Stout. Developed and led a half-day hands-on workshop on joints for area professionals. May 2014.

“Understanding Contraception,” North Central College Health Association Annual Meeting, Minneapolis, MN, November 2013.

“Understanding Contraception,” American College Health Association Annual Meeting, Boston, MA, June 2013.

“Understanding Obesity: An Evidence-Based Perspective,” ACHA Annual Meeting, Chicago, June 2012

“Women’s Health Update,” with Beth Kutler FNP, ACHA National Meeting, Phoenix, June 2011

“Let The Sun Shine In: The evidence, or lack thereof, for Vitamin D,” ACHA National Meeting, Phoenix, June 2011

“What is the T All About; Caring for Transgender Students on College Campuses,” pre-conference workshop with Davis Smith MD, Heather Eastman-Mueller CHES, and Joleen Nevers CHES, ACHA National Meeting, Phoenix, June 2011

“Transgender Health: Tools to Providing Health Care and Advocacy on College Campuses,” co-presentation with Davis Smith MD, Heather Eastman-Mueller CHES, and Joleen Nevers CHES, ACHA National Meeting, Phoenix, June 2011

“Let The Sun Shine In: The evidence, or lack thereof, for Vitamin D,” NYSCHA/NECHA Annual Meeting, Saratoga, NY, October 2011

“STI Update,” with Beth Kutler FNP, NYSCHA/NECHA Annual Meeting, Saratoga, NY, October 2011

“Women’s Health Update,” with Beth Kutler FNP, NCCHA Annual Meeting, Madison, WI, October 2011 and NYSCHA Annual Meeting, Syracuse, October 2010.

“Medical Mimics: Medical Problems that may present as Behavioral Health Problems,” NYSCHA Annual Meeting, Syracuse, October 2010.

“Clinical Medicine Hot Topics: Bed Bugs, Vitamin D, and Sickle Trait Screening for Athletes,” NYSCHA Annual Meeting, Syracuse, October 2010. Co-presentation with Brooke Durland, MD.

“Providing Trans-specific Care to College Students,” George Washington University, September 2009.

“Providing Trans-specific Care to College Students,” with Michelle Famula MD, Nick Gorton MD and Seth Pardo MS, ACHA National Conference, San Francisco, June 2009.

“Syphilis Brought us Together,” NYSCHA Annual Meeting, Syracuse, October 2008. Co-presentation with Karen Bishop (Tompkins County Health Department), Maureen Kelly (Planned Parenthood) and Dana Rinaldo (NY State Health Department).

Media

“The Accessory of the Year,” Interviewed for and quoted in article for Stoutonia, March 2021.

“UW Stout Physician, Professor, Discusses COVID-19,” article by Ryan Patterson, Eau Claire Leader Telegram, March 21, 2020

“All the Questions You Had About Tucking but Were Afraid to Ask,” interviewed for and quoted in BuzzFeed article by Meredith Talusan, April, 2016.

“Young Women Say They’re Happy with IUDs” Guest interview on HER Radio, RadioMD, June 2015 and Interview for Reuters, April 2015.

“UW Stout’s Cadaver Program Provides Benefits,” featured in article in Eau Claire Leader Telegram July 20, 2014

Campus and Community Presentations

“A Clinical Perspective on Medical Devices” guest lecture for Medical Product Design course, UW Stout, January 2023 and January 2024

“Sexually Transmitted Infections” guest lecture for Contagious Diseases course, UW-Stout, April 2022

“Vaccine Education Panel,” Panelist on virtual presentation for UW Stout SSA, September 2021

“Calling All the Shots,” Panelist on virtual presentation for UW Stout Involvement Center, March 2021

“Covid, Campus, and You,” Panelist on virtual presentation for Stout United, July 2020

“Local Impacts of COVID-19,” Panelist on virtual presentation for Stout Honors College, April 2020

“Flatten the Curve,” YouTube presentation for UW Stout, March 2020

Guest, “Allow Me to Trans-late” Podcast Episode #22 with Jason Soules, January 2019

“The Biology of Sex” presentation for STEM Expo, Wisconsin State Olympiad, UW-Stout, March 2019.

“The Biology of Sex, Gender, and Sexuality” presentation for Chippewa Valley Learning in Retirement Group, Menomonie, WI. September 2018 and May 2024.

“What Does Transgender Mean?” Organized, hosted, and led a three-part weekly series for the community that included a film screening, didactic lecture, and panel discussion, Menomonie, WI. March 2018.

“The Biology of Intersex,” Presentation for GSA at UW Stout, November 2017.

Keynote Speaker, Rainbow Graduation, UW Stout, May 2016

Transgender Health: Breaking the Barriers, UW-Stout, April 2016

Participated in panel discussion hosted by UW Stout Peer Health Educators for pre-counseling and pre-health students.

The Biology of Sex, STEM Expo Presentation, National Science Olympiad, Menomonie, WI. May 2016

The Biology of Sex, Presentation for STEM Expo, Wisconsin Science Olympiad, April 2016

“Understanding Transgender Students,” Guest presentation for UW Stout Diversity in Education course, April 2013

“Transsexuality - a Medical Perspective,” Guest lecture for UW Stout Women and Gender Studies course, March 2013

“Sexually Transmitted Infections,” guest lecture for UW Stout Microbiology course, November 2012

Speaker at “Sex on the Table” series, Risley Hall, Cornell University, November 2010 and February 2011

Volunteer Activities: Campus

UW Stout:

Chair, Work-Load Committee, Biology Department, Jan. 2023- March 2024

Minor Advisor for Human Physiology Minor, January 2023 – present

Member, Biology major committee, March 2023 – present

Admissions Office Liaison, October 2022 – present.
Meet with visiting groups of students and/or counselors, train student tour guides, and staff college fairs.

Member, Commencement Committee and Student Speaker Selection Subcommittee, 2021-2024

Member, Biology Concentration Committee for Applied Science Program, 2019-2024

Discussion Leader, Honors Colloquium, UW Stout, hosted by Honors College, multiple semesters: Fall 2024, Spring 2023, Fall 2022, Spring 2022, Spring 2021, Fall 2020, Spring 2020, Spring 2019, Fall 2017, Spring 2013

Panel Member, Women in STEM Panel, UW Stout, hosted by WITS and AMCS Women’s Club, March 2020

Interviewer, Stout Scholars Day, hosted by Admissions Office, February 2020

Clinical Liaison for Peer Health Educators, UW Stout. 2012 – 2018
Train Peer Educators on health topics, serve as presenter and panel member for student events, such as “Sex on the Table” and “Sex, Drugs, and Dead Celebrities.”

Cornell University:

Transgender Health Advocacy, 2006 – 2012, Cornell University
Worked to improve availability of and insurance coverage for medical, surgical, and mental health care of transgender students on Cornell campus, by educating colleagues, implementing new policies, and working with campus partners and the Student Insurance Advisory Committee.

Gannett Clinical Rotation for Medical Students and Residents, 2009 - 2012
Created and administered rotations for students and residents from Weill Cornell Medical School, served as instructor and preceptor.

Cornell University Health Careers Program Advisory Board, 2008 – 2012
Provided oversight and guidance to Cornell’s Health Careers Program, which serves over 400 students annually.

Cornell University Health Careers Evaluation Committee, 2008 – 2012
Interviewed students and wrote letters of evaluation for medical school applications.

Medical Liaison to SHAG, Cornell’s Sexual Health Awareness Group, 2007- 2012
Met annually to give instruction on sexual health, and field questions and referrals as needed.

Standing Committee for the LGBT Resource Center, 2008-2010
Appointed to committee to help guide the LGBT Center through transitions in leadership and organizational structure.

Volunteer Activities: Science Olympiad

Event Coordinator - Disease Detectives, Wisconsin Science Olympiad State Tournament: 2021, 2022, 2023, and 2025. Wrote, administered, and scored test for state-wide high school competition.

Keynote Speaker, State Tournament Opening Ceremony, Wisconsin Science Olympiad, April 2021

Award Ceremony Announcer, Wisconsin State Olympiad, Menomonie, WI, March 2019.

Event Coordinator, Anatomy and Physiology, National Science Olympiad. May 2016
Wrote, set up, conducted, and scored exam for national competition.

Award Ceremony Announcer, National Science Olympiad, Menomonie, WI. May 2016.

Award Ceremony Announcer, Wisconsin Science Olympiad, Menomonie, WI. April 2016

Cellular Explorations, Laboratory Event for STEM Expo, Wisconsin Science Olympiad, April 2016
Designed and conducted a cell staining exercise for middle school students.

Event Coordinator, Anatomy and Physiology, Wisconsin Science Olympiad, April 2015
Wrote, administered, and scored test for state-wide high school competition.

Volunteer Activities: Professional

Contributing Writer, Those Nerdy Girls / Dear Pandemic, June 2022 – June 2024
Wrote and edited evidence-based answers to reader-submitted and topical questions for a woman-scientist led and run volunteer organization to promote science and health communication and reliable information in real time.

Consultant to Office of Civil Rights, Department of Health and Human Services, November 2017
Traveled to Washington D.C. by invitation to meet with OCR Director Roger Severino regarding Section 1557 of the Affordable Care Act and its impact on transgender health care.

Section Chair, Clinical Medicine, New York State College Health Assoc., October 2008 – March 2012.
Served on the Executive Board, disseminated items of interest to members, and planned clinical medicine components of annual conference.

Advisor to MTV's Savage U, June 2011
Traveled to New York City to advise production staff and director of new show with Dan Savage about college sexuality.

Peace of Mind, 2008 - 2011
Worked to start and participated in collaborative program with Tompkins County Health Department, NY State Health Department, Ithaca College, Tompkins Cortland Community College, and Planned Parenthood of the Southern Finger Lakes to address the local syphilis outbreak of 2008 by improving access to testing and treatment and raising community awareness.

Volunteer Activities: Community

Member, Health and Human Services Board, Dunn County – appointed to county committee as medical representative. May 2021 – present

Founder, “COVID Updates from Dr. Hall” – Created a social media page with regular updates on new medical and community information about COVID-19. February 2021 – May 2022

Organizer, Menomonie Area Virtual Schooling Families – Created a group to allow for communication, coordination, and community among families choosing virtual school. Planned and organized some in-person events. 2020- 2021

Member, Strategic Planning Steering Committee, School District of the Menomonie Area. September 2018 – April 2019.

Founding member, Queer Menomonie, a community LGBT+ group. Held support groups and social events several times per year, managed social media page. August 2016 – September 2018.

Coach, Wakanda Elementary Science Olympiad, Spring 2016

Wakanda Garden Committee Chair, Wakanda Elementary PTO. September 2014- May 2016
Planned and developed a new school garden, including successful grant applications, community work days, curriculum planning, volunteer coordination, and logistical support.

Standardized Test Scores

MCAT, August 1994: Total score 37 (97th %tile): Physical Sciences 14, Biologic Sciences 11, Verbal Reasoning 12

GRE, December 2011: Quantitative Reasoning 155 (77th %tile), Verbal Reasoning 170 (99th %tile), Analytical Writing 5.5 (96th %tile)

Licensing, Credentials, and Memberships

Diplomate, American Board of Family Medicine

Licensed physician, state of Wisconsin

Member, American Academy of Family Physicians

Member, Human Anatomy and Physiology Society

Former Member, American College Health Association (ACHA) and North Central College Health Association (NCCHA)

Former Member, World Professionals for Transgender Health (WPATH)

Former Member, Association of Reproductive Health Professionals

Personal

Born in Elmira, NY.

Married to Erin Hall-Rhoades, also a family physician. Son Gavin, now in college.

Hobbies include gardening, reading, and musical theater.