

Somi (Kevin) Hynes, Ph.D. LMFT

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Education

Ph.D. 2019	University of Connecticut Human Development and Family Studies Emphasis: Marriage and Family Therapy
M.A. 2015	University of Connecticut Human Development and Family Studies Emphasis: Marriage and Family Therapy
B.A. 2011	University of Minnesota College of Liberal Arts Major: Psychology
B.S. 2011	University of Minnesota College of Education and Human Development Major: Family Social Science

Positions Held

2023-Present	M.S. Marriage and Family Therapy Program Director Department of Counseling, Rehabilitation, and Human Services University of Wisconsin-Stout
2023-2023	Acting M.S. Marriage and Family Therapy Clinical Director Clinical Services Center Department of Counseling, Rehabilitation, and Human Services University of Wisconsin-Stout
2022-Present	Assistant Professor, Human Development and Family Studies Program/Marriage and Family Therapy Program Department of Counseling, Rehabilitation, and Human Services University of Wisconsin-Stout
2019-2022	Assistant Professor, Couple and Family Therapy Program Behavioral Sciences Department Purdue University Northwest
2018-2019	Adjunct Professor, Marriage and Family Therapy Program University of Saint Joseph's
2016-2019	Instructor, Human Development and Family Studies University of Connecticut

PUBLICATIONS

- Hessel, H., **Hynes, K. C.**, He, Y., & Gizzi, S. (2025). A Framework for ethical considerations in the integration of AI and Systemic Therapy. *International Journal of Systemic Therapy, 1-19*. <https://doi.org/10.1080/2692398X.2025.2587324>
- Hynes, K. C.**, Russell, B. S., Tambling, R. R., Park, C. L., & Fendrich, M. (2024). Subjective stress appraisals over time: The evolving structure of the COVID-19 Stressor Scale. *Prevention Science*. <https://doi.org/10.1007/s11121-024-01694-7>
- Tambling, R. R., **Hynes, K. C.**, Carolan, K., Charles, D., & Moynihan, L. (2024). The Long-COVID Well-Being Scale (LCOVID-WBS): Development of a nascent measure of long-COVID symptoms and impacts. *Journal of Affective Disorders, 361*, 67-73. <https://doi.org/10.1016/j.jad.2024.05.134>
- Tambling, R. R., D’Aniello-Heyda, C., & **Hynes, K. C.** (2024). Manifestations of depression on social media: A content analysis of Twitter posts. *Journal of Technology in Behavioral Science, 9*, 252-261. <https://doi.org/10.1007/s41347-023-00327-0>
- Hynes, K. C.**, Tambling, R. R., *Kingzette, A., & Bischoff, T. (2023). Sorry about the connection: Client-reported telehealth technology competency and difficulties. *Journal of Technology in Human Services, 41*(4), 280-295. <https://doi.org/10.1080/15228835.2023.2283216>
- D’Aniello-Heyda, C., **Hynes, K.**, & Tambling, R. R. (2023). College student mental health in the COVID-19 era: Results of an expressive writing prompt. *The Qualitative Report, 28*(12), 3609-3625. <https://doi.org/10.46743/2160-3715/2023.6467>
- Hynes, K. C.**, *Kingzette, A., & *Triplett, N. T. (2023). Incidental influencing: A thematic analysis of couple and family therapists’ experiences of professional social media. *Contemporary Family Therapy, 45*, 276-286. <https://doi.org/10.1007/s10591-022-09658-1>
- Hynes, K. C.**, & Tambling, R. R. (2023). Problems in the re-measurement of acculturation and enculturation measures for East Asian Americans. *Asian American Journal of Psychology, 14*(4), 327–339. <https://doi.org/10.1037/aap0000304>
- Hynes, K. C.**, & *Kingzette, A. (2022). Are we prepared? Recommendations for marriage and family therapists engaging with young generations on social media. *Contemporary Family Therapy: An International Journal, 44*(2), 115-124. <https://dx.doi.org/10.1007/s10591-021-09583-9>
- *Hoss, L., & **Hynes, K. C.** (2022). A both-and approach: An application of narrative therapy from a modern perspective. *Contemporary Family Therapy: An International Journal, 44*, 305-311. <https://dx.doi.org/10.1007/s10591-021-09582-w>
- Hynes, K. C.**, Tambling, R., Russell, B. S., Park, C. L., & Fendrich, M. (2021). A latent profile analysis of the COVID-19 Stressors Scale. *Psychological Trauma: Theory, Research, Practice, and Policy, 14*(4), 705–713. <http://dx.doi.org/10.1037/tra0001085>

- Friedlander, M., **Hynes, K. C.**, Anderson, S., Tambling, R., Megale, A., Xu, M., & Peterson, E. K. (2021). Examining behavioral manifestations of split alliances in four couple therapy sessions. *Journal of Couple and Relationship Therapy*. 21(2), 81-104.
<https://doi.org/10.1080/15332691.2021.1876593>
- Bischoff, T., **Hynes, K. C.**, Tambling, R., & *Kingzette, A. (2021). Marriage and family therapists' reporting of telehealth use on practice websites: A linguistic analysis. *American Journal of Family Therapy*. 50(2), 159-175.
<https://doi.org/10.1080/01926187.2021.1877209>
- Tambling, R., **Hynes, K. C.**, & D'Aniello, C. (2021). Are barriers to psychotherapy treatment seeking indicators of social determinants of health: A critical review of the literature. *American Journal of Family Therapy*. 443-458.
<http://dx.doi.org/10.1080/01926187.2020.1867931>
- Hynes, K. C.** (2019). Cultural values matter: The therapeutic alliance with East Asian Americans. *Contemporary Family Therapy: An International Journal*, 41, 392-400.
<http://dx.doi.org/10.1007/s10591-019-09506-9>
- Halgunseth, L. C., Milan, S., **Hynes, K. C.**, Melendez-Rhodes, T., & Reid, A. (2019). Depression as a moderator in the relation between mothers' and daughters' ethnic affirmation. *Cultural Diversity and Ethnic Minority Psychology*, 25(4), 598-603.
<http://dx.doi.org/10.1037/cdp0000252>
- Kim, O., **Hynes, K. C.**, & Lee, R. M. (2017). Searching for connection -- finding resolution: A grounded theory analysis of writings of Korean American adopted adults. *Asian American Journal of Psychology*, 8(3), 235-247.
<http://dx.doi.org/10.1037/aap0000082>
- Kim, O., **Hynes, K. C.**, & Lee, R. M. (2016). Guatemalan family-style orphanages: A grounded theory examination of caregiver perspectives. *International Social Work*, 60, 1244-1254. <http://dx.doi.org/10.1177/0020872816632292>

MANUSCRIPTS SUBMITTED

*Student Co-Author at time of submission

- Hynes, K. C.**, Tambling, R. R., Russell, B. S., Sather, A. (Submitted). Psychometric properties of the Perceived Stress Scale. *Psychological Trauma: Theory, Research, Practice, and Policy*

REFEREED PRESENTATIONS/POSTERS AT PROFESSIONAL MEETINGS

*Student Co-Author at time of presentation

International

- Kim, O., Lee, R. M., & **Hynes, K. C.** (2016, August). *Writing it out: "adoption preoccupation" and search behavior*. Paper presented at the Fourth International Symposium on Korean Adoption Studies, Seoul, South Korea.

Kim, O., **Hynes, K. C.**, & Lee, R. M. (2016, January). *Transracial adoptive identity journey: A grounded theory analysis of expressive writings of Korean American adopted adults*. Paper presented at the Symposium for the 5th International Conference for Adoption Research, Auckland, New Zealand.

Hynes, K. C., Anderson, S. R., & Tambling, R. B. (2015, November). *Threats to the therapeutic alliance in early sessions of high conflict therapy*. Poster presented at the National Council on Family Relations Annual Conference, Vancouver, British Columbia.

National

*Student Co-Author

Hynes, J. D., & **Hynes, K. S.** (Accepted). *Transgender partner's self-concept clarity: How self-concept of transgender partners shifts through gender transition*. Poster accepted for presentation at the National Council on Family Relations Annual Conference, Minneapolis, Minnesota, United States.

Sather, A., Russell B., Tambling R., **Hynes K.** (2025, May). *The buffering effect of positive coping on the association between depression and loneliness*. Poster presented at the American Psychological Association 2025, Denver, Colorado, United States

Hynes, K. C., Tambling, R. R., Bischoff, T. (2023, November). *Telehealth technology difficulties in the therapeutic process during the COVID-19 Pandemic*. Poster presented at the National Council on Family Relations Annual Conference, Orlando, Florida, United States.

Tambling, R., D'Aniello, C., & **Hynes, K. C.**, (2022, November). *Manifestations of depression on social media: A thematic analysis of twitter posts*. Poster presented at the National Council on Family Relations Annual Conference, Minneapolis, Minnesota, United States.

Hynes, K. C., D'Aniello, C., & Tambling, R. (2022, November). *College student mental health in the COVID-19 era: Results of an expressive writing prompt and daily dairy method*. Poster presented at the National Council on Family Relations Annual Conference, Minneapolis, Minnesota, United States.

Hynes, K. C., Tambling, R. R., Bischoff, T., (2022, May) *Sorry about the connection: Telehealth technology competency and difficulties and the therapeutic process*. Paper presented at the UConn Center for mHealth & Social Media 6th Annual (Virtual) Conference: Telehealth & Remote Care in a Post-Pandemic World.

*Kingzette, A., & **Hynes, K. C.** (2021, November). *Are we prepared? Recommendations for marriage and family therapists engaging with public audiences on social media*. Poster presentation at for the National Council on Family Relations Annual Conference, Virtual Conference.

*Kingzette, A., **Hynes, K. C.**, Tambling, R. (2020, November). *Therapeutic alliance as a*

moderator between hope and couple outcomes. Paper presentation at the American Association for Marriage and Family Therapy Conference, Orlando, Florida, United States. (Presentation canceled due to COVID-19).

Hynes, K. C. (2020, June). *Using cultural values to establish and maintain the therapeutic alliance in East Asian clients.* Panel presentation at the Society for Psychotherapy Research Conference, Amherst, Massachusetts, United States. (Conference canceled due to COVID-19).

Friedlander, M. L., **Hynes, K. C.**, Tambling, R., Anderson, S., Megale, A., Xu, M., Peterson, E. K. (2020, June). *A close look at split and repaired alliances in couple therapy. Behavioral manifestations in five cases.* Panel presentation at the Society for Psychotherapy Research Conference, Amherst, Massachusetts, United States. (Conference canceled due to COVID-19).

Collins, C. M., Csizmadia, A., & **Hynes, K. C.** (2018, November). *Ethnic racial identity development in transracial foster placements: Building on what we know.* Symposium paper presented at the National Council on Family Relations Annual Conference, San Diego, California, United States.

Hynes, K. C., Bischoff, T., Heafner, J., Kang, H., & Rigazio-DiGilio, S. (2017, November). *Desiring an exchange of knowledge: A thematic analysis of practitioner's experience with research.* Poster presented at the National Council on Family Relations Annual Conference, Orlando, Florida, United States.

Hynes, K. C., Kim, O., & Lee, R. M. (2016, November). *Therapeutic work with adult transracial transnational adoptees.* Poster presented at the National Council on Family Relations Annual Conference, Minneapolis, Minnesota, United States.

Heafner, J., Bischoff, T., Tambling, R. B., & **Hynes, K. C.** (2016, November). *Establishing reliable change for the Family Assessment Device.* Poster presented at the National Council on Family Relations Annual Conference, Minneapolis, Minnesota, United States.

Kim, O., Lee, R. M., & **Hynes, K. C.** (2016, June). *Search and resolution for connection.* Paper presented at the Adoption Initiative Conference, Montclair, New Jersey, United States.

Hynes, K. C., Gürmen, M. S., Anderson, S. R., & Tambling, R. B. (2014, November). *Experiences of high conflict co-parents in early sessions of family therapy.* Poster presented at the National Council on Family Relations Annual Conference, Baltimore, Maryland, United States.

Kim, O., **Hynes, K. C.**, Hu, A.W., Lee, J. P., Chen, T., & Lee, R. M. (2012, August), *Conversations about race and ethnicity in transracial adoptive families and family functioning.* Paper presented at a symposium for the American Psychological Association, Orlando, Florida, United States.

Local

Hessel, H., & Hynes, K. C. (2024, December). *Ethical considerations for the use of AI by therapists: distinguishing between should, shouldn't and maybe*. Webinar presented at the Wisconsin Association for Marriage and Family Therapy virtual conference.

Tambling, R. Hynes, K. C., Bischoff, T. (2021, May). *The COVID-19 pandemic: Media, misinformation, and science communication*. Video Poster presented at the UConn Center for mHealth and Social Media Conference, Storrs, Connecticut, United States.

Hynes, K. C., Tambling, R., Russell, B. S., Park, C. L., & Fendrich, M. (2021, April). *A latent profile analysis of the COVID-19 Stressors Scale*. Paper presented at Purdue University Northwest Days of Discovery, Hammond, Indiana, United States.

Hynes, K. C., Anderson, S. R., & Tambling, R. B. (2015, April). *Frequency of threats to the therapeutic alliance in high conflict couple sessions*. Poster presented at the Connecticut Association for Marriage and Family Therapy Annual Conference, Trumbull, CT.

Unrefereed presentations

Hynes, K. C. (2021, September). *Local, regional, and national lessons; wokeness: The dangers of performative activism*. Discussion presented at What's Going on? Breaking Bread: COVID-19, Antiracism, & Critical Conversations on Social Justice, Purdue University Northwest, Hammond, Indiana, United States.

GRANTS FUNDED

Proposals under Review

Projects Funded

Community college collaboration incubator, \$50,000. Purdue University Northwest College of Humanities, Education and Social Sciences Bold to be Bold Grant. [Kevin C. Hynes, Co-PI]

Opposing anti-Asian hate for parents and children through community-based participatory research, \$7,000. Purdue University Northwest Catalyst Grant. [Kevin C. Hynes, PI].

Couple & family therapy center multimodal research archive, \$3,739. Purdue University Northwest Exploratory Grant Program. [Kevin C. Hynes, PI] [Christopher K. Belous, Co-PI].

Korean American adoptees' and parents' conversations about race, \$2,000. University of Minnesota Undergraduate Research Opportunities Program

Effects of culture camp attendance on ethnic identity in Korean American adoptees, \$2,000. University of Minnesota Undergraduate Research Opportunities Program

Projects Not Funded

The Asian American daily diary: A pilot of an expressive writing intervention for anxiety, \$4,849. University of Connecticut inCHIP Rapid Response Proposals to Examine Social and Behavioral Implications of COVID-19. [Rachel Tambling, PI] [Kevin C. Hynes, Co-PI]

Perceptions of teletherapy: Promotive factors and barriers to treatment seeking, \$15,000, American Association for Marriage and Family Therapy Research and Education Foundation [Rachel Tambling, PI] [Kevin C. Hynes, Co-PI]

HONORS AND AWARDS

2026	Faculty/Staff Advocate of the Year, UW-Stout LGBTQIA+ Center
2024	Debra Davis Award for Transgender Advocacy, UW-Stout LGBTQIA+ Center
2023-2025	UW-Stout Office of Equity, Diversity & Inclusion Fellow
2018	Department of Human Development and Family Summer Fellowship for Advanced Graduate Students, University of Connecticut.
2017-2018	AAMFT/SAMSHA Doctoral Minority Fellow
2018	Department of Human Development and Family Studies Dr. Frederick G. Humphrey Fellowship, University of Connecticut.
2017	Department of Human Development and Family Mattoon-Kline Endowed Scholarship, University of Connecticut.
2015	Connecticut Association for Marriage and Family Therapy Annual Conference, Best Poster Presentation
2010	Scholarly Excellence in Equity and Diversity Award, 2010. University of Minnesota

TEACHING EXPERIENCE

Undergraduate (UConn & UW-Stout)

HDFS 257 Lifespan Sexuality (4x)
HDFS 335 Cultural Awareness in Practice (5x)
HDFS 3340 Individual and Family Interventions (5x)
HDFS 490 Professional Issues (1x)

Graduate (University of St. Josephs, Purdue University Northwest, UW-Stout)

MFT 733 Advanced Sex Therapy (2x)
MFT 741 Culturally Responsive Therapy (3x)
MFT 740 Privilege, Power, and Difference (6x)
HDFS 731 Gender and Sexuality Diversity (2x)

HDFS 742 Lifespan Family and Human Development (2x)
MFT 746 Applied Therapy Skills (2x)
CFT 64000 Diversity and Social Justice in CFT (2x)
CDFS 65700 Social Constructionist Family Therapies (2x)
CFT 69800 Thesis in CFT (1x)
CFT 69700 Research Analysis in CFT (1x)
CDFS 66600 Family Therapy Skills (1x)
CFT 66000 Contemporary Theories in CFT (1x)
MFTH 562 Post Modern Models of Family Therapy (1x)
MFTH 581 Psychopathology and DSM Diagnoses (1x)
CDFS 64100 Trauma & Recovery in Family Therapy (1x)
CDFS 64800 Applied Multivariate Statistics (1x)
CFT 69600 Research Methods (3x)
CFT 66900, CFT 67500, MFT 793/4/5 CFT Practicum (19x)

Trainings Provided

Faith, C., Felton, A., & Hynes, K. C. (August 28th, 2024). *Mental health across the institution and in the classroom: Follow-up dialogue*. Training provided during UW-Stout's professional development week.

Hessel, H., & Hynes, K. C. (2024, May). *Can it really do that? Artificial intelligence (AI) in the therapist's office*. Webinar presented for the Wisconsin Association for Marriage and Family Therapy.

SERVICE AND LEADERSHIP ACTIVITIES

Reviewing

Contemporary Family Therapy, Editorial Board Member
Journal of Marital and Family Therapy, ad hoc reviewer
Family Relations, ad hoc reviewer
Sexual and Relationship Therapy, ad hoc reviewer
Psychological Trauma, ad hoc reviewer
Asian American Journal of Psychology, ad hoc reviewer
Journal of Applied Behavioral Analysis, ad hoc reviewer
Psychology and Psychotherapy: Theory, Research and Practice, ad hoc reviewer
Scandinavian Journal of Psychology, ad hoc reviewer
International Journal of Systemic Therapy, ad hoc reviewer
BMC Public Health, ad hoc reviewer
Humanities and Social Sciences Communications, ad hoc reviewer

2019-2022 AAMFT/SAMSHA Minority Fellowship Program Ad-hoc Reviewer
2021, 2022 National Council on Family Relations Conference Proposal Reviewer

University Level

2023-2025 Underrepresented Faculty and Staff Alliance, Stout

	-Chair
2023-Present	Equity in Mental Health on Campus Steering Committee, Stout
2022-2025	Institutional Review Board Member, Stout
2021	Undergraduate Research Grant Proposal Reviewer, PNW
2021	Proposal Submission Grant Reviewer, PNW

College Level

2021-2022	Diversity, Equity, Inclusion, Belonging Committee, PNW
2020	Lerner Scholarship Committee, PNW

Department Level

2023-2024	HDFS/MFT Faculty Search Committee, Stout
2023-2024	Developmental Psychology Faculty Search Committee, Stout
2022-2024	HDFS Program Progress Review Committee, Stout
2022-Present	CRHS Curriculum Committee, Stout
2019-2022	HDFS Discipline Group, PNW
2019-2021	C/MFT Program Revision Committee, PNW
2019-2022	C/MFT Graduate Admission Committee, PNW
2020	CFT Administrative Assistant Search Committee, PNW
2018-2019	Council on Family Relations, UConn
	-Secretary

National Organization

2022-2026	AAMFT/SAMSHA Minority Fellowship Program
	-Mentor
2020-2022	National Council on Family Relations
	-Family Therapy Section Treasurer-Secretary

Community Activities

2025-Present	Oxford University Press Human Sexuality Advisory Board
2024-Present	Stout Clinical Mental Health Counseling Program Advisory Committee
2019-2023	HANA Center, Chicago, IL
2021	Peace at Home Parenting
	-Panelist for panel discussion, "Mental health for all – let's make it a reality"

Guest Presentations

2026	UW-Stout LGBTQIA+ Center, Dinner Chat: Physical and Mental Health Effects of HRT
2021-2024	Oklahoma State University – Marriage and Family Therapy Program
	-Presented on Asian American Families in HDFS 5503 Family Diversity

Professional Memberships

2013-Present	Clinical Member, American Association for Marriage and Family Therapy
2014-Present	Member, National Council on Family Relations
2018-2023	Member, American Psychological Association, Division 45 Society for the Psychological Study of Culture, Ethnicity, and Race
2018-Present	Member, Asian American Psychological Association
2019-2021	Member, Society for Psychotherapy Research

Graduate Student Thesis Committees, as Chair:

<u>University of Wisconsin -Stout</u>		<u>Entered</u>	<u>Completed</u>
MS	Emma Desens	2021	2023
<u>Purdue University Northwest</u>		<u>Entered</u>	<u>Completed</u>
MS	Alexia Kingzette	2019	2021

Graduate Student Thesis Committees, as Member:

<u>Purdue University Northwest</u>		<u>Entered</u>	<u>Completed</u>
MS	Adrian Weldon	2018	2020
MS	Jessica McGuire	2018	2020
MS	Nicholas Triplett	2019	2021

Supervision of Research Assistant

2019-2021	Alexia Kingzette, Research Assistant
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Student Group Faculty Advising

2024-Present	Phi Theta Chi Faculty Advisor, UW-Stout
2020-2022	Anti-Racism in Action Committee, Purdue University Northwest student group

Licenses and Certifications

Minnesota Licensed Marriage and Family Therapist #4554
Indiana Licensed Marriage and Family Therapist #35002075A
Illinois Licensed Marriage and Family Therapist #166.001414
Connecticut Licensed Marriage and Family Therapist #2073 (expired 1/24)
American Association for Marriage and Family Therapy Approved Supervisor

Clinical Experience

2024-Present	Licensed Marriage and Family Therapist LuMN Therapy, LLC
2019-Present	Private practice, Licensed Marriage and Family Therapist BV Wellness LLC

- 2014-2019 Marriage and Family Therapist
United Community and Family Services, Norwich, CT
- 2013-2018 Marriage and Family Therapy Intern
Humphrey Clinic for Individual, Couple, and Family Therapy, Storrs, CT

Professional Development Activities

- 2024 Sex Therapy Certificate, Antioch University
- 2023 New program director workshops, Stout
- 2023 Talent Acquisition Workshop, Stout
- 2023 Embodying the Power of our Roots, Stout UFSA
- 2022 Nakatani Teaching and Learning Center New Instructor Workshop
- 2021 Participant, 12th Annual Conference for Assistant Professors: Institutional Resources to Soar to Promotion, Purdue University
- 2019 Participant, Writing Winning Grant Proposals, Purdue University

Newspaper articles/Radio

- 2021, Feb. 3 Research Spotlight: Assessing COVID-19's effects on mental health with Dr. Rachel Tambling. *The Daily Campus*